

REDTEAMTESTING

CHRIS NICKERSON LARES



Who Are You?

Whay should we do Red Team Testing

Methodology

- Gather Information
- Scan for Vulnerabilities
- Plan The Attack
- Execute
- Dig for Data

A Little about me . . .

Chris Nickerson

Employment History:

- Founder, Lares
- Director , Security Services Alternative Technology
- Team Lead, KPMG
- Lead Security Architect /Compliance Mgr., Sprint
- Sr. Security Architect, Shook Hardy & Bacon
- US NAVY

Professional Certifications:

- CISSP
- CISA
- ISO 17799
- NSA IAM
- CCNA

Security Stuff

- Created Risk Management and CSO structure for many fortune 500
- Created Global Compliance /Penetration testing practices
- Contributor to Social-Engineer.org
- InformIT, Ethical Hacker.net
- Exotic Liability Podcast / Site
- Other media whoring...













Why do SE Testing/Red Teaming?

Military tactics are like unto water; for water in its natural course runs away from high places and hastens downwards.

Water shapes its course according to the nature of the ground over which it flows; the soldier works out his victory in relation to the foe whom he is facing.

He who can modify his tactics in relation to his opponent and thereby succeed in winning, may be called a heaven-born captain.

The five elements (water, fire, wood, metal, earth) are not always equally predominant; the four seasons make way for each other in turn.

-Sun Tzu

Red Team Testing:

The term originated within the military to describe a team whose purpose is to penetrate security of "friendly" installations, and thus test their security measures. The members are professionals who install evidence of their success, e.g. leave cardboard signs saying "bomb" in critical defense installations, hand-lettered notes saying that "your codebooks have been stolen" (they usually have not been) inside safes, etc. Sometimes, after a successful penetration, a high-ranking security person will show up later for a "security review," and "find" the evidence. Afterward, the term became popular in the computer industry, where the security of computer systems is often tested by tiger teams.

How do you know you can put up a fight if you have never taken a punch?

Why should I do it?

- It goes Beyond compliance
- It simulates the REAL WORLD attacks
- Hackers don't have scopes.... Why should a test?
- Do you really think testing .1% of your assets makes the COMPANY secure?
- You never know the value of what you have till its gone.

Why traditional Testing is Dead

- It does not focus risk on Business, but on exposure of vulnerability
- Testing that replicates an attacker (sparring partner) has its hands tied.
- The perimeter is DEAD (give it up... its over.....srsly..... For really realz... ok? Please?)
- I gotta stop ranting.. Look at the stats!

It's Just the beginning

- Industry data points to significant increase in the prevalence and criticality of client-side vulnerabilities
- A "shift" towards finding vulnerabilities in client-side software is occurring (SANS and Symantec security threat reports)
- 8 out of 20 categories in SANS Top 20 report relate directly to client-side vulnerabilities
- High profile incidents taking advantage of vulnerabilities in client-side software
- Feb og Adobe oday
- Feb og MSog-oo2 via .doc
- Chinese malware drive-by iframe autopwn sites

Some Stats

From Websense security LabsTM: State of Internet Security, Q3 – Q4, 2008:

Top 10 Web Attack Vectors in 2nd Half of 2008:

- 1. Browser vulnerabilities
- 2. Rogue antivirus/social engineering
- 3. SQL injection
- 4. Malicious Web 2.0 components (e.g. Facebook apps, third-party widgets and gadgets, banner ads)
 - 5. Adobe Flash vulnerabilities
 - 6. DNS Cache Poisoning and DNS Zone file hijacking
 - 7. ActiveX vulnerabilities
 - 8. RealPlayer vulnerabilities
 - 9. Apple QuickTime vulnerabilities
- 10. Adobe Acrobat Reader PDF vulnerabilities

http://securitylabs.websense.com/content/Assets/WSL_ReportQ3Q4FNL.PDF

No more Stats, Let's talk how to!

How to steal a company

#1YOU GOTTA HAVE STYLE

External Direct

Server / App Attack

External Indirect

Client Side / Phishing / Phone Calls

Internal Indirect

Key/CD Drops / Propaganda

Internal Direct

Social / Electronic / Physical / Blended

Exotic Attacks

Process

Figure Out What the Company Thinks is Important



Steal it!







The METHOD

THE METHOD: Take the EASY way in.

Gather Intelligence Scan for Vulnerabilities Plan Attack **Exploitation and Execution** Dig for the GOLD!

Gathering Electronic Intel

DIDN'T YOU WATCH GATES?

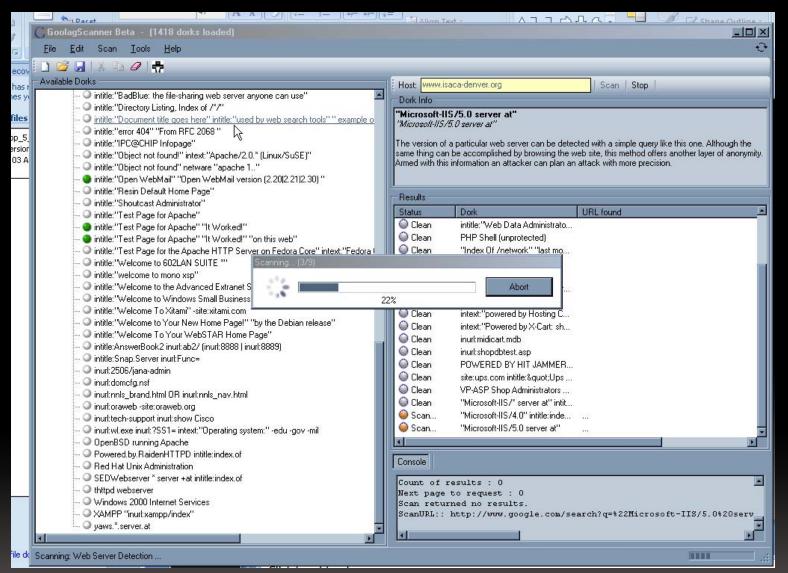


Offsite Information Gathering

Stuff To Find

- Email Addresses
- Server Addresses
- Websites
- Business names
- Partners
- Physical Address
- Phone Numbers
- Documents
- BluePrints
- Maps

- Local Utilities
- Service Companies
- DNS
- Banners
- Ports
- Vulnerabilities
- Net Block
- AS Name
- Employee Info
- Social Network
 Information Leakage

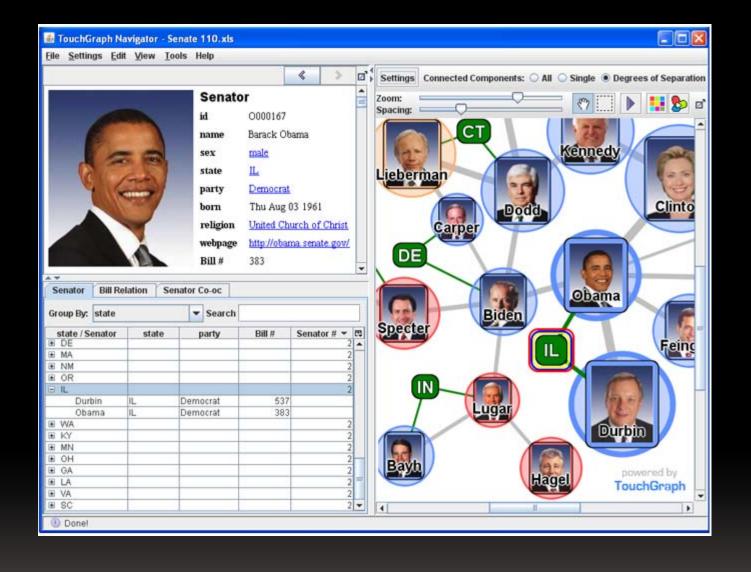


GOOLAG

Finding Information for fun and Profit:
The new google for analysts and hackers alike.

- Clez.net (External Profiling)
- CentralOps.net (Network Profiling)
- Robtex (Server profiling)
- Touchgraph (Show business relationships and links)
- ServerSniff (Get Tons of webserver specific info and verification)
- Netcraft (usage info)
- DomainTools (Domain info)
- MySpace / Friendster / Twitter (know ya enemy)
- And SOOOOO many more





TOUCHGRAPH FOR INTERWEBS: TOUCHGRAPH FOR FACEBOOK http://www.youtube.com/watch?v=YOsbWWvWdjA

NOT!

Social Networks Are yer Frnd!

Philippe Bogaerts 🕦

Senior Field Systems Engineer F5 Networks / co-organizer BruCON (http://www.brucon.org)

e BruCON a big success !!! 1 month ago

Namur Area, Belgium Internet



Benny Ketelslegers 🔈

IT Security Officer at Retail Belgium

Belgium | Information Technology and Services

Current • IT Security Officer at Retail Belgium

 Information Security Consultant at Ascure ☐

• Centrum voor Levende Talen

see all..

Solvay Business School
(ISC²)

Filip Waeytens 🕦

Co-Founder / Boardmember at Brucon VZW

Current

Past

Gent Area, Belgium | Computer & Network Security

people have recommended Benny

9 connections

 Co-Founder / Boardmember at Brucon VZW

Past

 Senior Technical Consultant Applications Security at Telindus Belgacom ICT

 □

IT security Manager at Esselte
 Senior Security Engineer at Securit

• Senior Sécurity Engineer at Scanit 🖺

Education • Coloma • HEMACO

Recommendations 19 people have recommended Filip

Connections 171 connections

Websites • Remote Exploit
• My Website

p://www.linkedin.com/in/bketelslegers

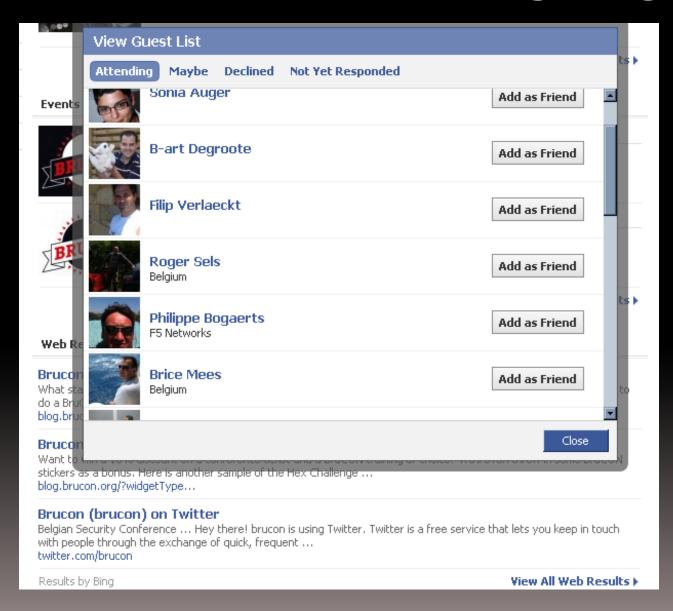
 Senior Field Systems Engineer at F5 ent Networks 🖺 Co-organizing BRUCON at Brucon F Founder, consultant and trainer at RADARSEC SECURITY SERVICES · International Technical Manager at BeeWare at Bee-Ware 🖺 Technical Manager at Risc Technology · Trainer / Team Leader at Telindus High-Tech Institute 🖺 see all · Groep T - Leuven Hogeschool cation Koninklijke School voor Onderofficieren K.A.T ommendations 14 people have recommended Philippe 421 connections nections Mv Website isites Mv Company My Blog http://www.linkedin.com/in/xxradar lic Profile

Philippe Bogaerts back at work @F5 Networks and shifting gear to

Linked IN Anyone?

see all

FACEBOOK

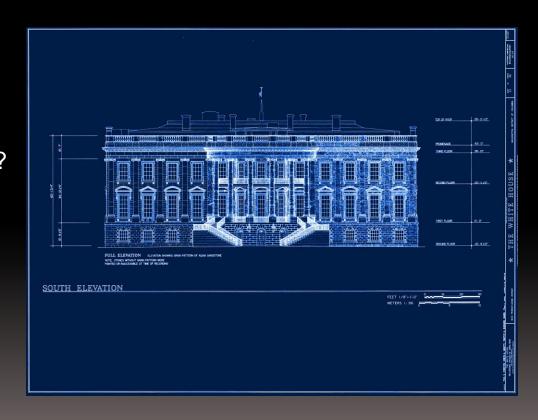


Gathering Physical Intel Onsite

Perimeter Assessment

What do you see when you are walking up to the target?

Cameras?
Door locks?
What vendors do they use?
What do their uniforms look like?
Hours of business?
Security guards?
Gates?
Uniforms?
Smoking area?
Parking lot?
How do they communicate?



TOOLBAG for onsite work

- Costumes
- •ID Cards
- Paperwork
- Lock Picks
- Laptop
- Bag
- •Phones (to leave behind) Helium
- Leave behinds
- Biz Cards
- Candy
- Smokes
- A lighter
- A CAMERA or Video Recorder

- A Giant set of B@LL\$
- Mylar Balloons
- •A Blow Up Doll (not just for breaks on the job)
- String/Twine
- Cell Jammer
- Appropriate Cables
- •Lineman's set
- Something to record audio
- Grappling hook and rope

Costuming

Goodwill is the best costume department ever



I'm sorry, I don't speak your language!





Remote Observation



Facility Recon and Remote Resource Copying



Badge Cloning

Dumpster Diving

- An extremely useful source of information.
- Most companies don't shred
- Tells you about customers, employees, vendors, products, and distributors.



Parking Lot Shopping





iate stager for over-sized stage...(89 bytes)

- [*] Sending stage (2834 bytes)
- [*] Sleeping before handling stage...
- [*] Uploading DLL (81931 bytes)...
- [*] Upload completed.
- [*] Meterpreter session 1 opened (192.168.2.108:4444 -> 192.168.2.

113:1039)





Brooke 🛜 2:55 PM

Who Are You?

Not all of the packages available via Cydia are designed to be used by all users. Please categorize yourself so that Cydia can apply helpful filters.

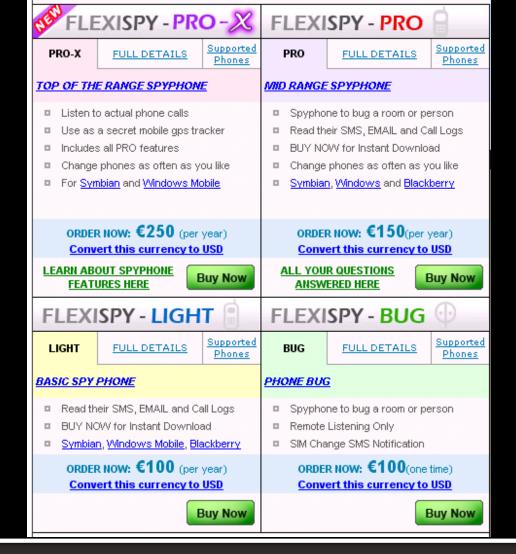
This choice can be changed from "Settings" under the "Manage" tab.

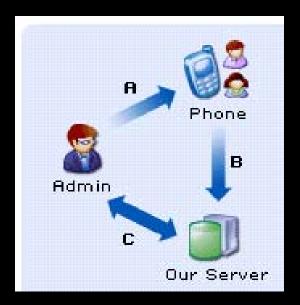
User (Graphical Only)

Hacker (Command Line)

Developer (No Filters)







Cell phone Bugging

InstaMapper

Demo HOWTO Sign up Login FAQ Forums Blog Contact us

Features

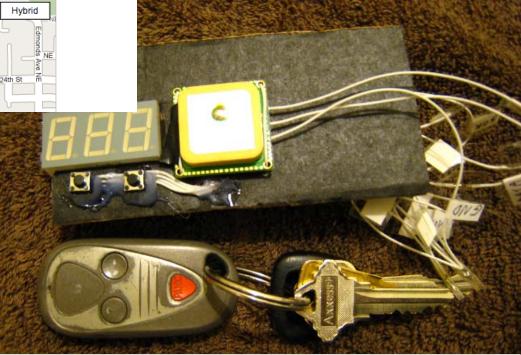
True real-time tracking

With InstaMapper, the object you track is a moving dot on a map. Positions are updated as often as every 5 seconds.



www.instamapper.com

www.opengpstracker.com



Cell phone tracking

Scanning for vulnerabilities

If you hack a person, they are harder to reboot!

- Manipulations points
 Vulnerable Apps
- Interests
- Habits
- Leverage areas
- Points of similarity
- Date Specific events (social events, etc)
- Ability to manipulate
- Old OS/Server Types

- Vulnerable Services
- 3rd Party app usage
- Free Sensitive Data
- Templates
- Stuff to Copy (Corporate Communication Tone/Look/Feel)

Plan your attack

Get ready, Get Set....

- Time and Date
- Character
- Costume
- Methods
- Memorizing Data
- Entrance Strategy
- Exit Strategy
- Plan B (and C,D,E,F,G....)

This is not a good example of how you should get there.



Making Copies

The power of observation is not always as it seems



Magic of a copy center...

Like Disneyland only for Social Engineering

Everything you need to forge anything is in

here

Lamination

Color copier

Cardstock

Cutters

Color Printer

Photoshop



Badge Forgery

- RFID
- Digital camera pictures
- Color copier
- ..and also, don't scan
 your badge and put it up
 on flickr, I will find it....



Execute

Phishing

File Edit View I golds Message Help Ser Ser View I golds Message Help Reply Reply All Forward Print Delete Previous Next Addresses
toe: IT Support alte: Thursday, November 20, 2008 3:07 PM o: announcement(s) ubject: Improvements to your Domain account - URGENTI Ittach: curity/improvements.xls [134 K.B]
As many of you may be aware, the IT department at is constantly striving to improve the security of our systems in order to better protect both imployee and client information. As we near completion of this project we have made significant improvements to the password policy for your user count. To reduce the ongoing risk to the organization, we are asking everyone to log into the website below and confirm the security changes be your account. In addition to validating your account information, we strongly encourage everyone to review the improvements we have made to the corporate eassword policy in the attached Excel spreadsheet. Please log into the client portal website below with your
you encounter any problems during the login process, please click on the following link to verify the security settings of your computer.
Yerify Security Settings
hank you for your assistance in improving the security of our organization.
IT Support Staff





This site has been optimized for internet Explorer 5.5 or Netscape 7.0. The latest versions of these browsers can be downloaded free from Microsoft and Netscape If you have any questions or need assistance upgrading your browser, please contact your client service representative.

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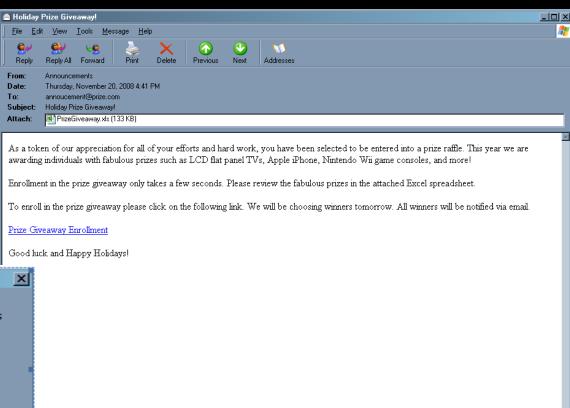
To protect the privacy of your portfolio information and by encrypting all date. We ask you to help in this process by keeping your password private and by enabling the security of your personal computer so that others cannot secess your financial information. Please note, however, that therefore so cannot secess your financial information. Please note, however, that therefore security though refined and enhanced.

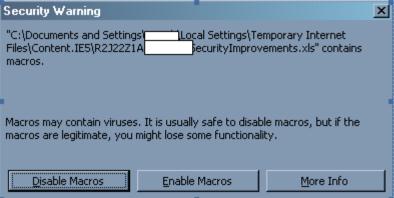
Use of this Web site involves the electronic transmission of encrypted portfolio information. Using this site is consent to such transmission of this information, such consent is in effect at all times when using this site.

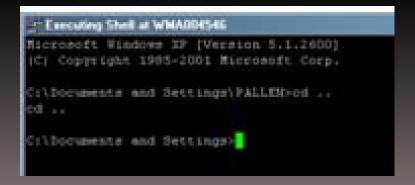
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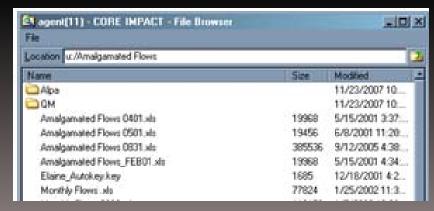
- Tax Forms
- •Health / Benefits Change
- Corporate Parties
- Holiday events
- •IT Department
- Manager / Authority Figures
- Discounts
- Travel / Product Deals

Client Side Attacks









Phone a Friend





RIST

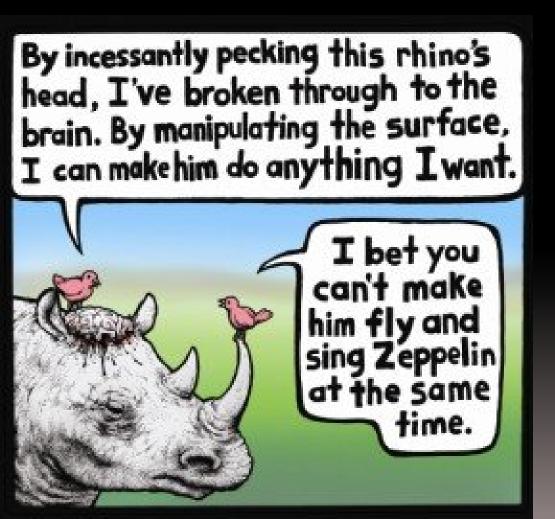
remote intelligence and surveillance technology

Don't pick up every little bit of trash you find and think it's your's.

- CDs
- USB Keys
- Flyers
- Promo Items



In Person



- •NLP
- Breathing Techniques
- Touch
- Psychosomatic Presence
- Magic
- Hypnotism
- Ekmann Coding
- •Facial Feedback
- Temperature Reading
- Communication Stances
- •Satir Comm. Models
- •Classic Con's

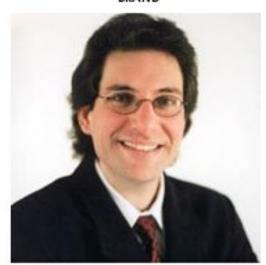
Please don't call it SE unless it's ENGINEERED

KEVIN MITNICK

BRAND

WARNING:

Not for use in corporate settings.
Use of this product may cause
unexpected results on your network,
social engineering, and other undesired
activity. Use with caution.



ENERGY DRINK For 31337 energy all day long!

Serving Size 1 can Calories 1337 Calories from BS 250%

Percentages based on 8 hour work day

INGREDIENTS

3 1337 sauce, eliß juice, extract of p0wn, lametree fruit concentrate, high frucose corn syrup, caffiene A pack of smokes and a lighter will get you anywhere...

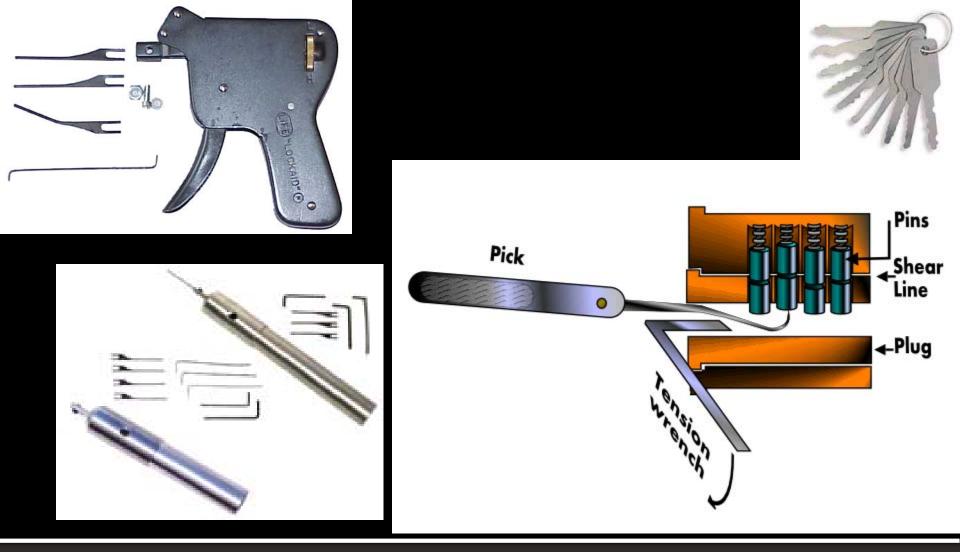
Smoking areas are one of the most insecure places

Offer a smoke, you just made a new friend

BS with them about their day, they may start telling you unexpected secrets

They may even hold the door for you





Lock Picking



Go for the Gold

Or Start over!















How to Find Sensitive Data

- Look in the good Spots
 - ConnectedPorts/Services
 - TNS/SQL Listeners
 - NFS Mounts
 - Shared Drives
 - MY Docs
 - Home Directory
 - /FINANCE

- Search is your friend
- Portal
- Windows Temp
- IE/FF Cookie Dir
- Bookmarks
- Stored PW's
- History
- ERP Systems

Use What YOU Know

- Exploit
- Review and RecordPaper documentation

Check out all network

traffic



245.78

Gain access to high me man profile offices and data
 storage areas





The SEXY way

- Automated Tools
 - Spyder (Thanks Cornell)
 - Vericept
 - Any other DLP Solution
 - Power Shell Search
 - Nessus
 - GREP (make regex then.. grep -cEHilrs -f patterns /directory/to/search)
 - dbDataFinder
 - FileHunter
 - PowerGREP
 - WindowsGREP

Questions?.....
Concerns?.....
Comments?.....
Time to RUN?